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Facilities:

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**Gainesville Country  
Club**

7300 SW 35th Way,  
Gainesville, FL 32608  
(352) 372-1458

**Ironwood Golf Course**

2100 NE 39<sup>th</sup> Ave.,  
Gainesville, FL 32609  
(352) 393-8500

**Turkey Creek Golf  
Course**

11400 Turkey Creek  
Blvd, Alachua, FL 32615  
(352) 575-0636

**Mark Bostick Golf  
Course**

2800 SW 2nd Ave.,  
Gainesville, FL 32607  
(352) 375-4866

**Juliette Falls Golf  
Course**

6933 SW 179th Ave Rd.  
Dunnellon, FL 34432  
(352) 522-0309

Instructors (Fall 2021):

\***Max Meier, USGTF**  
(Saturday AM @ GCC)

\***Steve Sauls** (Saturday PM  
@ GCC)

\***John Stevens** (Saturday  
@ Turkey Creek)

\***Stuart Menzies** (Sunday  
@ GCC)

\***Lon Kinney, PGA**  
(Sunday @ Juliette Falls)

\***Bob Geambazi, PGA**  
(Monday @ GCC)

\***Eric Thomas** (Monday @  
Ironwood)

\***Scott Hampton, PGA**  
(Tuesday @ Bostick)

Junior Golf Coordinator:

Max Meier, USGTF  
Max.gatorjuniorgolf@gmail.com

## Beginner Program (Level 1)

**Objective:**

This course will introduce your student to the game of golf through hands-on games and group activities, exciting competitions, and engaging lessons that provide a general survey of golf. The course introduces students to putting, chipping, pitching, and full swing, providing students with practice and application opportunities each week. Golf equipment is not required, and will be provided if needed.

**Week 1**

Warm-Up: Introduction of the Coaches, Stretching, Safety Demonstration

Core Value: Respect

Lesson: Grip, Aim, Stance, Posture (GASP), Introduction to Putting

Practice: Short and Long Putts

Application: Putting Game

**Week 2**

Warm-Up: Stretching

Core Value: Courtesy

Lesson: Distance and Direction in Putting (2D's), Lag Putting

Practice: Distance and Direction in Putting – Ladder and Compass Drills

Application: Putting Game

**Week 3**

Warm-Up: Stretching

Core Value: Sportsmanship

Lesson: Introduction to Chipping, Putting vs. Chipping

Practice: Chipping – focus on form (y-y swing)

Application: 9-hole Putting Contest

**Week 4**

Warm-Up: Stretching

Core Value: Honesty

Lesson: Chipping and Introduction to Pitching, Chipping vs. Pitching

Practice: Chipping – focus on accuracy, Pitching – hand-eye coordination drills

Application: Chipping Game

**Week 5**

Warm-Up: Stretching, Parts of the Golf Club

Core Value: Integrity

Lesson: Pitching: L-L Swing, Wrist Hinge, Clubface

Practice: Pitching – focus on form

Application: Pitching Game

Hand-out Beginner Worksheet

**Week 6**

Warm-Up: Stretching

Core Value: Confidence

Lesson: Pitching and Full Swing (Part 1): Backswing

Practice: Pitching – focus on accuracy, Full Swing with Irons

Application: Pitching Game

**Week 7**

Warm-Up: Stretching, Types of Golf Clubs

Core Value: Responsibility

Lesson: Full Swing (Part 2): Downswing, Impact Position

Practice: Full Swing with Hybrids

Application: Full Swing Game

**Week 8**

Warm-Up: Stretching

Core Value: Perseverance

Lesson: Full Swing (Part 3): Follow-through, Balance/Rhythm/Tempo, Driving

Practice: Full Swing with Drivers

Application: Driving Game

**Week 9**

Warm-Up: Stretching, Review Progress Report Specifications

Core Value: Judgment

Lesson: Review GASP, 2Ds, Putting, Chipping, Pitching, Full Swing

Practice: Review Day: Putting, Chipping, Pitching, Full Swing

Application: Review Game

Beginner Worksheet Due!

**Week 10**

Level 1 Progress Report